

# Triple A Baseball (3rd Grade)

## **Format:**

This practice and game program is designed to advance the instructional basics. This program also provides non-competitive games as a teaching tool for players. This program is for 3rd grade players. The sessions will be divided into practice days and game days.

Sessions will include:

- 1 practice during the week/1 game on Saturdays
- Time will be used to develop the basic fundamentals of play
  - Fundamental drills to cover:
    - Throwing Drills
    - Fielding Drills
    - Catching Drills
    - Pitching Drills
    - Hitting Drills
- Games will be players pitch only. Games will also be played under a modified set of rules to allow for as much play as possible.

## **Schedule:**

The schedule will include practice/development times on Monday thru Thursdays at 6:00pm and games on Saturdays at various times throughout the day over a scheduled 7 weeks.

The program is held from mid-April through mid-June (no sessions on Memorial Day weekend).

## **Registration:**

Please register early to reserve your spot!

To register, go to **Community Pass** and select "**Ridgewood Baseball and Softball Association**" then "**2024 - Spring Recreational Season**". After you select your child and their current grade you will then see the "Triple A Baseball (3rd Grade)" option.

## **Coaching:**

This league requires more than 100 volunteer coaches to run successfully. When registering your child in Community Pass please consider signing up as a "Coach" or "Assistant Coach".

## **Teams:**

- Each team and the number of teams will be organized by the commissioner based on the registration size.
- Requests for certain teams may be submitted but placement is not guaranteed.

## **Equipment/Uniforms:**

Each player should wear molded cleats and gloves and helmets are required. Bats are recommended and should have the USA Baseball stamp. Player athletic cups for protection are recommended as well.

All players will receive a hat and a sponsored team jersey that must be worn to all events.

**For questions about the program, please contact 2024  
Commissioner:**

**Niel Friedman** ([neil.friedman@rbsa.us](mailto:neil.friedman@rbsa.us))