

Single A Baseball (1st Grade)

Format:

This practice and game program is designed to advance the instructional basics. This program also provides non-competitive games as a teaching tool for players. This program is for 1st grade players. Sessions will include:

- 1 practice during the Week/1 game on Saturdays
- Time will be used to develop the basic fundamentals of play
 - Fundamental drills to cover:
 - Throwing Drills
 - Fielding Drills
 - Catching Drills
 - Pitching Drills
 - Hitting Drills
- Games will be a coach pitch format for approximately the first half of the season then leading into players pitching in a controlled, learning format.

Schedule:

The schedule being considered will include practice/development times for 1 session during the week at 6:00pm and a session on Saturdays at either 12:00pm, 2:00pm or 4:00pm over a scheduled 7 weeks.

The program is held from mid-April through mid-June (no sessions on Memorial Day weekend).

*Please note that this is subject to change.

Registration:

Please register early to reserve your spot!

To register, go to **Community Pass** and select "**Ridgewood Baseball and Softball Association**" then "**2024 - Spring Recreational Season**". After you select your child and their current grade you will then see the "Single A Baseball (1st Grade)" option.

Coaching:

This league requires more than 100 volunteer coaches to run successfully. When registering your child in Community Pass please consider signing up as a "Coach" or "Assistant Coach".

Teams:

- Each team and the number of teams will be organized by the commissioner based on the registration size.
- Requests for certain teams may be submitted but placement is not guaranteed.

Equipment/Uniforms:

Each player should wear molded cleats and gloves and helmets are required. Bats are recommended and should have the USA Baseball stamp.

All players will receive a hat and a sponsored team jersey that must be worn to all events.

For questions about the program, please contact 2024 Commissioner:

Bryan Kozlowski (bryan.kozlowski@rbsa.us)