

# Rookie Ball (Kindergarten)

## **Format:**

This program is for both boys and girls and is designed to teach basic skills through repetition.

Sessions will include:

- 1 practice/development time per week
- Time will be used to develop the basic fundamentals of play
  - Fundamental drills to cover:
    - Throwing Drills
    - Fielding Drills
    - Catching Drills
    - Hitting Drills

## **Schedule:**

The schedule being considered will include practice/development times for 1 session on Sundays at either 12:00pm, 2:00pm over a scheduled 7 weeks.

The program is held from mid-April through mid-June (no sessions on Memorial Day weekend).

\*Please note that this is subject to change.

## **Registration:**

Please register early to reserve your spot!

To register, go to **Community Pass** and select "**Ridgewood Baseball and Softball Association**" then "**2024 - Spring Recreational Season**". After you select your child and their current grade you will then see the "Rookie Ball (Kindergarten)" option.

## **Coaching:**

This league requires more than 100 volunteer coaches to run successfully. When registering your child in Community Pass please consider signing up as a "Coach" or "Assistant Coach".

## **Teams:**

- Each team will be organized by the commissioner based on the East or West side of Ridgewood and practices will be held on your team's side of town.
- Requests for certain teams may be submitted but placement is not guaranteed.

## **Equipment/Uniforms:**

Each player should wear sneakers or molded cleats if they chose and helmets are required. Bats are recommended and should have the USA Baseball stamp.

All players will receive a hat and a sponsored team jersey that must be worn to all events.

**For questions about the program, please contact 2024 Commissioner:**

**Edna Sanfilippo** ([edna.sanfilippo@rbsa.us](mailto:edna.sanfilippo@rbsa.us))