

Seniors Softball

Overview: Seniors Softball is for players in the 7th and 8th grade, this program is intended to advance the skills of the girls and their understanding of the rules in a more competitive game environment. As with last year, we are going to be playing in the Bergan County Recreational Softball Association league again this year. This is a local fast-pitch league and we play games against Ridgewood teams and teams from towns. The girls play with a 12 inch ball and pitch from 43 feet. Girls MUST play rec softball if they are playing travel ball.

Time Commitment: The time commitment is split between practices and games and is approximately 3 days a week generally between Mondays and Thursdays. You may occasionally play on the weekend if there are makeup games or extenuating circumstances with field availability.

Key Links:

Link to the BCRSA league home page: [BCRSA League Home Page](#)

Link to the BCRSA senior softball rules: [BCRSA Senior Softball Rules](#)

Commissioner: For questions about the program, please contact 2024 Commissioner: Mike Kelly mike.kelly@rbsa.us